
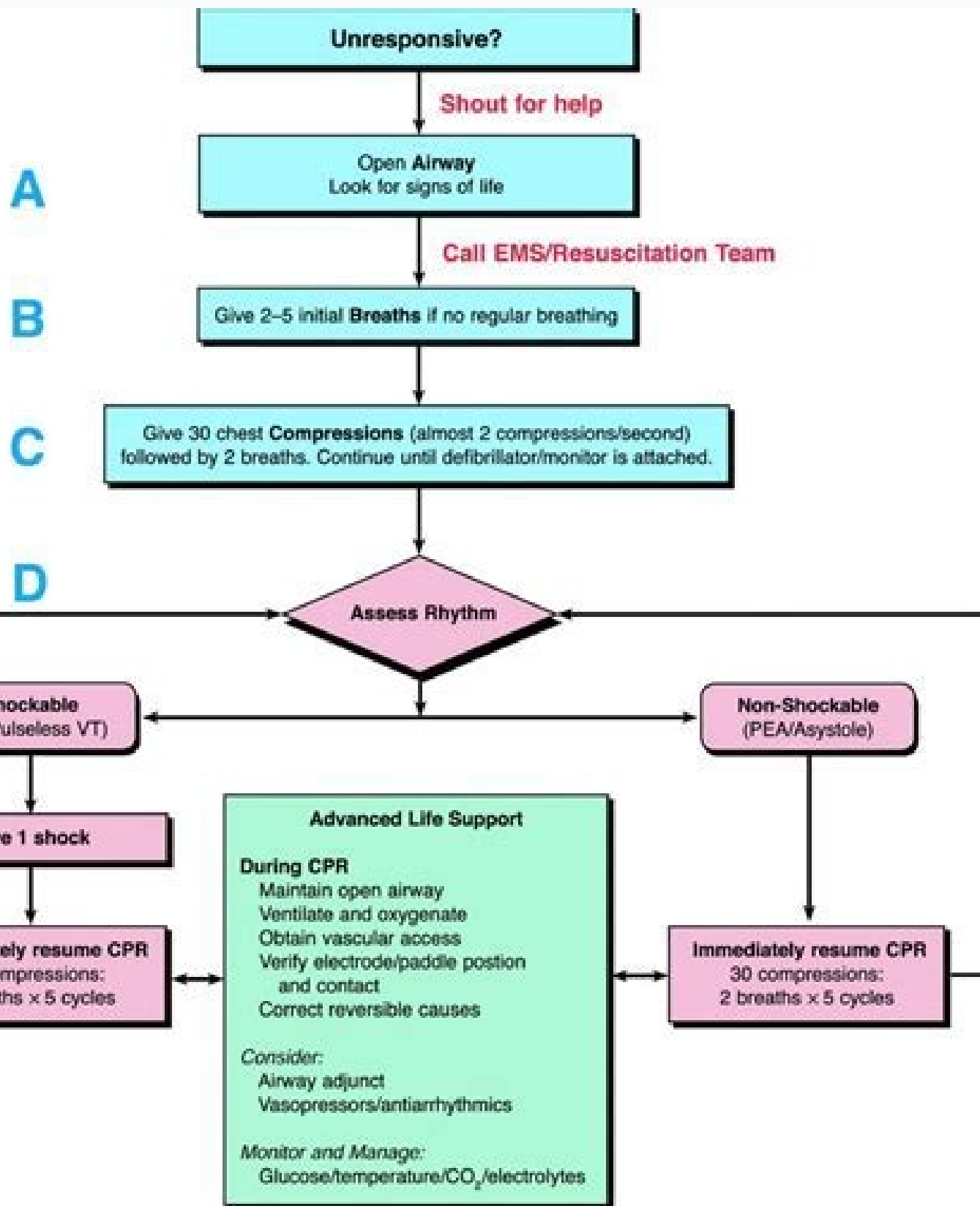


I'm not robot  reCAPTCHA

**Open**

1- Check the scene safety

The scene must be safe and no threat on rescuer



1. Initial Assessment  
2. Scene Safety  
3. Check for Responsiveness  
4. Call for Help  
5. Airway  
6. Breathing  
7. Circulation  
8. Disability  
9. Exposure  
10. Reassessment  
11. Transport  
12. Handover  
13. Documentation  
14. Patient Care  
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Read the complete 2015 AHA Guidelines at this link:  
<https://eccguidelines.heart.org/index.php/circulation/cpr-ecc-guidelines-2/>

1



## Fluids in Sepsis

An initial fluid bolus of 20cc/kg is reasonable. Further fluid resuscitation should be tailored to the individual patient, with frequent reassessment, recognizing that over aggressive fluid resuscitation may be harmful in resource limited settings.

## Routine atropine unnecessary

Current Evidence does not support ROUTINE use of pre-intubation doses of atropine for critically ill children and non-neonatal infants requiring emergency intubation. Of course, however, use it if there is bradycardia.



2

3

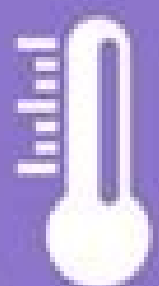


## No minimum atropine dose

If you do use atropine prior to a non-emergency intubation, 0.02mg/kg is effective. Don't worry about under-dosing!

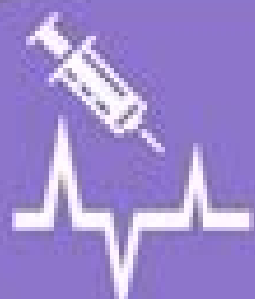
## Avoid fever & control temp

Temperature control & fever management is important for comatose children after out-of-hospital cardiac arrest. Moderate hypothermia (32° to 34° C) or normothermia (36° to 37.5° C) are both reasonable.



4

5



## Amiodarone OR lidocaine

Both anti-arrhythmics are acceptable for treatment of shock-refractory VF or pulseless VT in pediatric patients.

From: <https://eccguidelines.heart.org/index.php/circulation/cpr-ecc-guidelines-2/>  
\* For more Canadian content by the HSFC, check out <http://goo.gl/fHu8lc>

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Template designed by Alvin Chin MSc, MD (cand) Summary by Teresa Chan MD, FRCPC Reviewed by Alim Parshian MD, FRCPC, MBA

Special thanks to Laurie Morrison and the American Heart Association.



## MEDALION SZKOLENIA

### Resuscytacja kilkuletniego dziecka w kontekście COVID-19

- Oceń bezpieczeństwo** → Jeżeli masz dostęp do rękawiczek jednorazowych - założ je
- Sprawdź przytomność**
- brak kontaktu?** → Brak reakcji na dotyk i wołanie
- Zawołaj o pomoc**
- Odchyl głowę do tyłu** → Nachyl się do twarzy dziecka
- Oceń oddech przez 10 sek.** → Widzę ruch klatki piersiowej  
Słyszę szmery oddechowe  
Czuję ruch powietrza na policzku
- brak oznak normalnego oddechu?**
- Wykonaj 5 oddechów ratunkowych** → Delikatnie, do widocznego uniesienia klatki piersiowej
- nał nadal brak oznak normalnego oddechu?**
- Dzwoń 112 / 999** → Poinformuj Dyspozytora o ryzyku zakażenia!  
Jeżeli jesteś sam najpierw wykonaj przez 1 min. uciski i oddechy
- 30 ucisków** → Jedną ręką na środek kl. piersiowej, na głębokość 1/3 kl. piersiowej, ok. 2 razy na 1 sekundę
- 2 oddechy ↔ 30 ucisków** → Powtarzaj na przemian
- Użyj AED** → Dla dzieci między 1-8 r.ż. zaleca się użycia funkcji pediatrycznej, powyżej 8 r.ż. - w klasycznym trybie
- po skończonej akcji**
- Umyj ręce** → Dokładnie, wodą i mydłem lub środkiem odkażającym
- Zgłoś się do Sanepidu**

Opracowano na podstawie:  
Resuscitation Council UK (resus.org.uk)  
Medycyna Praktyczna (mp.pl)  
AHA (eccguidelines.heart.org)



